



CHICHESTER CRUISER RACING CLUB

SAILING INSTRUCTIONS 2025

1. RULES

All racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS), the prescriptions of the RYA and the Rules of CCRC

2. NOTICES TO COMPETITORS

- 2.1. Race Instructions, which form part of the sailing instructions, for each race will be distributed by email and placed on the web site.
Information in the Race Instructions may include: name or yacht name of the Principal Race Officer (PRO), name or yacht name of the Race Officer (RO), the identification of any Committee Boat, contact details of the Results Officer, names of one or more possible starting marks, scheduled time of the first start.
- 2.2. Subsequent notices to competitors will be announced by VHF Ch M1(37A)

3. CHANGES TO SAILING INSTRUCTIONS OR RACE INSTRUCTIONS

Any change to the Sailing Instructions (SIs) or Race Instructions (RIs) will be by email to members at least 24hrs before the day it will take effect, except that any change to the schedule of races may be emailed by 2000hrs on the day before it will take effect.

4. COMMUNICATIONS

- 4.1. Visual signals ashore are made on the CCRC website, www.ccrcc.co.uk, and confirmed by email to members.
- 4.2. Visual signals afloat are made from the Committee Boat.
- 4.3. Radio signals are made on VHF Ch M1(37A).
- 4.4. Except in an emergency the RO may not respond to VHF calls from competitors from 5 minutes before the first warning signal until after the final starting signal of the sequence.

5. SCHEDULE OF RACES

- 5.1. The Race Programme and number of races is as shown on the CCRC website.
- 5.2. Races not sailed as scheduled may be sailed on a subsequent date.
- 5.3. When there has been a long postponement, or when more than one race will be held on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable.

6. FLEET FLAGS

As stated in NoR 3.4

7. THE COURSES

- 7.1. Not earlier than 60 minutes before the scheduled first start the PRO may announce the name of the starting mark and other relevant information.
- 7.2. The course to be sailed will be announced by the PRO on VHF Ch M1(37A) with a starting mark, a list of course marks and a finishing mark. The course will normally be read at 20 minutes before the warning signal and repeated at 10 minutes before the warning signal. This may be repeated on a CCRC WhatsApp Group
- 7.3. After a postponement the PRO may use an abbreviated announcement sequence. The time of the rescheduled start will be announced on VHF Ch M1(37A) a minimum of 15 minutes before it is to occur. The

course will be read a minimum of 5 minutes before the warning signal.

- 7.4. There will be no visual course signals

8. MARKS

- 8.1. Marks will be standard navigation marks or marks specifically designated as racing marks. A 2025 list of these marks form part of these SIs and are published on the CCRC website. Errors or omissions in the list of marks are not grounds for redress.
- 8.2. Marks will be identified by their SCRA Code as published in the CCRC Mark List or as set out in the Race Instructions.
- 8.3. All marks are rounding marks unless individually stated to be passed instead.

9. AREAS THAT ARE OBSTRUCTIONS

All boats must conform to the IRLCAS and the Southampton Harbour Byelaws 2003.

The following areas are prohibited and designated as obstructions for the purposes of RRS 19 and 20:

- 9.1. The submerged barrier between Horse Sand Fort and the Dolphins Passage and between the Dolphins Passage and the shore.
- 9.2. The row of iron piles off Durns Point, east of Lymington.
- 9.3. The moving prohibited zone defined by Southampton Harbour Byelaw 11.

10. POLLUTION AT SEA

In line with Merchant Shipping Regulations boats will AT NO TIME discard any form of litter into the sea but shall retain it until it may be deposited in suitable bins on land.

11. THE START

Starts will be a fixed line start or a rolling start.

11.1. ROLLING STARTS

- 11.1.1. Races will be started using these instructions which alter rule RRS26.
- 11.1.2. During a Rolling Start the Committee Boat may fly a large CCRC burgee from her backstay. The Committee Boat may be racing, nevertheless she can use her engine between the warning signal and the start without penalty. During the start sequence the Committee Boat has total right of way over all competitors regardless of the tack she is on or whether she is motoring.
- 11.1.3. The start line is a line between the starting mark and the main mast of the Committee Boat at the start signal. 1 minute prior to the start the Committee Boat will be near the starting mark. She will then lay the start line by sailing away from the starting mark at approximately 90 degrees to the course to the first mark.
- 11.1.4. The approximate bearing of the start line from the starting mark may be announced as part of the course on VHF
- 11.1.5. The Committee Boat will not make any visual Starting signals but will provide sound and/or vhf signals at 5min, 4mins, 1 min and 0 mins to the start
- 11.1.6. There will be a single start for all classes

- 11.2. FIXED LINE STARTS
- 11.2.1. Races will be started by using rule RRS 26,
 - 11.2.2. The starting line will be between the mainmast of the Committee Boat flying an orange flag and a starting mark as announced (SI 7.2).
 - 11.2.3. A yacht starting later than 15 minutes after her starting signal (or 3 hours for races with 24 hour or more time limit) may be scored DNS.
 - 11.2.4. There will be a single start for all classes using RRS 26
- 11.3. STARTS GENERAL
- 11.3.1. Without contravening RRS 41 (outside help) yachts may be identified on VHF by the Committee Boat as being near to or in an OCS position during the final minute before the starting signal.
 - 11.3.2. In addition to RRS 29.1, individual recalls will also be announced on VHF using the word 'XRAY'. Sail numbers of yachts identified as being OCS may be announced on VHF. Failure to do so will not be grounds for redress.
 - 11.3.3. In addition to RRS 29.2, general recalls will be announced on VHF using the words GENERAL RECALL.
12. USE OF ENGINES PRIOR TO A START
- A yacht not having crossed the start line and not being nearer than 400 metres from any part of the line may use her engine or be towed to a point not less than 400 metres from any part of the line.
- This applies after the preparatory signal and the start. Late starters must pass within 20 metres of the start mark leaving the mark on the required side and should inform the RO or the PRO by VHF that they have started. See also SI 11.2.3
13. THE FINISH
- 13.1. The finishing line is a line between the main mast of a Committee Boat flying a blue flag and the last mark of the course (finishing mark). All yachts when finishing shall ensure that the sail number is clearly visible to the Committee Boat.
 - 13.2. Each yacht shall take and record her own time when crossing the finishing line and as soon as possible text this time to the Results officer (see RIs).
 - 13.3. Each yacht should note the sail numbers and names of the yachts immediately ahead and astern, irrespective of class, together with an estimate of the time intervals.
 - 13.4. In the absence of a Committee Boat yachts must:
 - 13.4.1. leave the finishing mark on the required side and
 - 13.4.2. record their own finish time when the finishing mark is on a bearing that is at right angles to the direct course from the previous mark, and within 15 metres distance.
14. PENALTY SYSTEM
- RRS 44.1 and 44.2 will apply for infringements to a RRS of Part 2 (other boats) and RRS 31.
15. TIME LIMITS
- 15.1. Time limits are as shown in the RIs.
 - 15.2. Yachts failing to finish within 2 hours for a bay race and within 3 hours for a Solent passage race of the first boat to sail the course and finish, will be scored DNF. This changes RRS 35 & A5.
 - 15.3. The first yacht to finish in a race is asked, after finishing, to communicate by VHF his finish to the R.O.
16. PROTESTS AND REQUESTS FOR REDRESS
- 16.1. Protest forms are available from the RYA website.
 - 16.2. Protests must be received by the Sailing Secretary by 1800hrs on the day following the race. The same time limit applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes RRS 60.3 and 61.2.
 - 16.3. Notices will be emailed within 3 days after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
 - 16.4. Notices of protests by the Race Committee will be emailed to inform yachts under RRS 60.2.(b).
 - 16.5. Breaches of SIs 12, 19, and 22 will not be grounds for a protest by a yacht. This changes RRS 60.1. Penalties for these breaches may be greater or less than disqualification if the Protest Committee so decides.
17. SCORING
- As stated on NoR 7.
18. RETIREMENT
- A yacht that retires from a race shall notify the Race Officer as soon as possible and should replace their class flag with an ensign.
19. EQUIPMENT AND MEASUREMENT CHECKS
- A yacht or equipment may be inspected at any time for compliance with these SIs and the NoR.
20. RADIO COMMUNICATION
- As stated in NoR 8.
21. AUTOPILOTS
- The use of autopilots is permitted.
22. ENGINE USE
- In accordance with RRS 42.3(g) and(h) when a yacht uses her engine to avoid collision or in a grave emergency, the facts shall be reported after the finish to the PRO or RO. The Race Committee may apply a penalty.
23. PRIZES
- As stated in NoR 9.
24. RISK STATEMENT
- As stated in NoR 10.